

Ten Ways to Help the Environment

For No Money, Even if You Don't Own a Home

A lot of energy-saving advice is for homeowners with disposable income. Even poor renters can do this:

1. **Turn things off.** Be an activist about it. Wherever you go, if things needn't be on, turn them off.
2. **Clean your refrigerator coils.** Refrigerators use a lot of energy. Yours could use less.
3. **Wash clothes with cold water.** Unless they're seriously soiled, they'll get just as clean. And always wash a full load.
4. **Take short showers.** Since you like your showers hot, make them hot and short. Don't let water run when you shave or brush your teeth.
5. **Drive smoothly.** You don't need a hybrid. Just don't break and accelerate so hard.
6. **Better yet, take a walk.** Carbon-free propulsion. It's probably nice out anyway.
7. **Cook smart.** Turn the oven off five minutes early – it'll keep cooking. Cover pans on the stovetop. And don't peek!
8. **Better yet, microwave.** It uses a lot less energy.
9. **Eat more vegetables.** It takes seven times as much energy to produce meat as it does to make grain. And cows belch methane, which is worse for the climate than carbon dioxide.
10. **Be paper smart.** Print double sided, reuse, or don't use it at all! And mind your packaging!

Help me determine whether this is useful. If you find this helpful (or if you don't), please email me at zeroemissions@gmail.com

This is a project of the
Zero Emissions Road Trip.
<http://zeroemissionsroadtrip.com>



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